



**Emergency Numbers:**  
**Interim Ex. Director Laura Shearer: +502 5979 6519**  
**Manager of Services: Sara Castañeda: +502 3301 6555**

DATES	HOTEL LOCATION	HOTEL NAME	PHONE	WEBSITE	ITINERARY	MEALS	PAID BY
<b>Saturday 1/4</b>	Antigua	Las Camelias Inn	+502 7832-5780	<a href="http://cameliasinnantigua.com">http://cameliasinnantigua.com</a>	--Travel to Antigua from airport --Dinner (6pm)	--Lunch: En route from airport --Dinner: Rainbow Cafe	NHI/ACE NHI/ACE
<b>Sunday 1/5</b>	Antigua	Las Camelias Inn	+502 7832-5780	<a href="http://cameliasinnantigua.com">http://cameliasinnantigua.com</a>	--Hike to Cerro de la Cruz (8:15am) --Finca Filadelfia Coffee Tour (9:30am) --Cultural experience and lunch with women's co-op in Santiago Zamora (12-2pm) --Free time (2-4pm) --NHI/ACE presentation (4:30pm)	--Breakfast: Las Camelias --Lunch: Zamora Co-op --Dinner: Tacool (Antigua)	NHI/ACE NHI/ACE NHI/ACE
<b>Monday 1/6</b>	San Martín Jilotepeque	Posada San José	+502 4899-2255		--Health Assessment in Pacoxpón (8am-4pm) --Presentation by NHI Board Member Cristy Velasco (6pm)	--Breakfast: Boxed breakfast en route to Pacoxpón --Lunch: Community --Dinner: Full Moon Cafe	NHI/ACE NHI/ACE NHI/ACE
<b>Tuesday 1/7</b>	San Martín Jilotepeque	Posada San José	+502 4899-2255		--Health Assessment in Pacoxpón (8am-4pm) --Lunch and midwife presentation (11am) --Tour of Obras Sociales de San Martín clinic (3pm)	--Breakfast: Posada San José --Lunch: Community --Dinner: Posada San José	NHI/ACE NHI/ACE NHI/ACE
<b>Wednesday 1/8</b>	San Martín Jilotepeque	Posada San José	+502 4899-2255		--Health Assessment in Pacoxpón and transport for medical review (8am-3:30pm) --Lunch and nurse presentation (11am)	--Breakfast: Posada San José --Lunch: Community --Dinner: Doña Cata	NHI/ACE NHI/ACE NHI/ACE
<b>Thursday 1/9</b>	Tzununá	Lomas de Tzununá	+502 5201-8272	<a href="https://www.lomasdetzununa.com">https://www.lomasdetzununa.com</a>	--Foot clinic for chronic diabetic and hypertensive patients (8am) --Travel to Panajachel and boat to Tzununá --Talk with Dr. Craig Sinkinson	--Breakfast: Posada San José --Lunch: Pollo Campero (SMJ) --Dinner: Lomas de Tzununá	NHI/ACE NHI/ACE NHI/ACE
<b>Friday 1/10</b>	Antigua	Mesón de Maria	+502 7832-6068	<a href="http://hotelmesondemaria.com">http://hotelmesondemaria.com</a>	--Women's co-op visit and shaman experience in San Juan La Laguna (9am) --Lunch at Amigos de Santa Cruz in Santa Cruz La Laguna (12pm) --Return to Antigua (2pm) --Final Reflection and celebration dinner (6pm)	Breakfast: Lomas de Tzununá Lunch: CECAP (AdSC) Dinner: Arco (Antigua)	NHI/ACE NHI/ACE NHI/ACE
<b>Saturday 1/11</b>	N/A	N/A	N/A	N/A	--Departure	Breakfast: Mesón de Maria	NHI/ACE