



Emergency Numbers:
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DATES	HOTEL LOCATION	HOTEL NAME	PHONE	WEBSITE	ITINERARY	MEALS	PAID BY
Saturday 1/11	Antigua	Hotel Panchoy	+502 7832-1020	https://www.hotelpanchoyantigua.com	--Travel to Antigua from airport --Dinner (6pm)	--Lunch: En route from airport --Dinner: Tacorazón	NHI/ACE NHI/ACE
Sunday 1/12	Antigua	Hotel Pachoy	+502 7832-1020	https://www.hotelpanchoyantigua.com	--Hike to Cerro de la Cruz (8am) --Presentation on the work of Nursing Heart (10:30am) --Cultural experience and lunch at women's co-op in Santiago Zamora (with University of Missouri-St. Louis) (12pm) --Free time in Antigua (2:45-4:30pm) --Lecture by Dra. Paty Baiza on IVAA cancer screening (4:30pm) --Dinner at Rainbow Cafe (6:30pm)	--Breakfast: Hotel Panchoy --Lunch: Zamora co-op --Dinner: Rainbow Cafe	NHI/ACE NHI/ACE NHI/ACE
Monday 1/13	San Martín Jilotepeque	Posada San José	+502 4899-2255		--Chapina stove presentations and installations in Santa Maria de Jesús (8:30am) --Lunch and tour at clinic Manos Abiertas (12:30pm) --Travel to San Martín Jilotepeque (2pm) --Dinner at Full Moon Cafe and presentation by Cristy Velasco (6pm)	--Breakfast: Hotel Panchoy --Lunch: Manos Abiertas --Dinner: Full Moon Cafe	NHI/ACE NHI/ACE NHI/ACE
Tuesday 1/14	San Martín Jilotepeque	Posada San José	+502 4899-2255		--Tour of Obras Sociales de San Martín (9am) --Water project tour (10:30am) --Home visits in Platanar (2pm)	--Breakfast: Posada San José --Lunch: Seño Cata catering --Dinner: Posada San José	NHI/ACE NHI/ACE NHI/ACE
Wednesday 1/15	Antigua	Hotel Panchoy	+502 7832-1020	https://www.hotelpanchoyantigua.com	--Education program in Platanar (8:15am-12pm) --Lunch with community --Return to Antigua (1pm) --Discussion with Sue Patterson: Politics in Guatemala (4pm) --**DINNER ON YOUR OWN in Antigua**	--Breakfast: Posada San José --Lunch: Seño Cata catering --Dinner: **On your own**	NHI/ACE NHI/ACE **GROUP**
Thursday 1/16	Santa Cruz La Laguna	Casa del Mundo	+502 5204-5558	http://www.lacasadelmundo.com	--Program with the <i>ancianos</i> in San Felipe de Jesús (8-10am) --Tour of the national hospital in San Felipe de Jesús (10:30-11:30am) --Travel to Panajachel and boat to Casa del Mundo (12:45pm) --Talk with Dr. Craig Sinkinson (5:30pm) --Dinner at Casa del Mundo (6:30pm) --Optional hot tub (8pm)	--Breakfast: Hotel Panchoy --Lunch: Pollo Campero --Dinner: Casa del Mundo	NHI/ACE NHI/ACE NHI/ACE
Friday 1/17	Antigua	Hotel Panchoy	+502 7832-1020	https://www.hotelpanchoyantigua.com	--Boat to San Juan La Laguna (before breakfast) (6:45am) --Shaman ceremony and women's co-op visit in San Juan La Laguna (8:30am) --Lunch at San Juan Cafe (to-go) (12pm) --Return to Antigua (1:15-3:45pm) --Final reflection and closing dinner (6pm)	Breakfast: Women's Co-op Lunch: San Juan Cafe (to-go) Dinner: Arco (Antigua)	NHI/ACE NHI/ACE NHI/ACE
Saturday 1/18	N/A	N/A	N/A	N/A	--Departure	Breakfast: Hotel Panchoy	NHI/ACE