



**Emergency Numbers:**  
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**Manager of Services: Sara Castañeda: +502 3301 6555**

DATES	HOTEL LOCATION	HOTEL NAME	PHONE	WEBSITE	ITINERARY	MEALS	PAID BY
Saturday 3/7	Antigua	Hotel Panchoy	+502 7832-1020	<a href="https://www.hotelpanchoyantigua.com">https://www.hotelpanchoyantigua.com</a>	--Travel to Antigua from Airport --Intro to International Nursing/NHI Overview (5:30pm) --Dinner at Rainbow Cafe (6:30pm)	--Dinner: Rainbow Cafe	NHI/ACE
Sunday 3/8	Santa Cruz La Laguna	Casa del Mundo	+502 5204-5558	<a href="http://www.lacasadelmundo.com">http://www.lacasadelmundo.com</a>	--Historical tour of old Antigua (8:15am) --Zip-line or coffee tour team-building at Finca Filadelfia (10am) --Travel to Panajachel/Lago de Atitlán (1-3:30pm) --Discussion with Dr. Craig Sinkinson on cultural medicine (5:30pm) --Dinner at Casa del Mundo (6:30pm)	--Breakfast: Hotel Panchoy --Lunch: Pollo Campero --Dinner: Casa del Mundo	NHI/ACE NHI/ACE NHI/ACE
Monday 3/9	Santa Cruz La Laguna	Casa del Mundo	+502 5204-5558	<a href="http://www.lacasadelmundo.com">http://www.lacasadelmundo.com</a>	--Breakfast at Casa del Mundo (7:30am) --Wellness Clinic in Santa Cruz La Laguna with Dr. Sinkinson (9am-12pm) --Lunch and tour at Amigos de Santa Cruz-CECAP (12pm) --Optional hike back to Casa del Mundo (1:30pm) --Dinner at Ven Aca (6pm)	--Breakfast: Casa del Mundo --Lunch: CECAP --Dinner: Ven Aca	NHI/ACE NHI/ACE NHI/ACE
Tuesday 3/10	San Martín Jilotepeque	La Pasadita	+502 4813-4700		--Breakfast at Cooperative in San Juan La Laguna (7:30am) --Shaman ceremony and women's co-op in San Juan (8:30am) --Lunch at Maria's (tacos) (11:15am) --Travel to San Martin Jilotepeque (12:45-3:45pm) --Dinner at Full Moon Cafe and presentation by NHI Board member Cristy (6pm)	--Breakfast: Co-op --Lunch: Maria's (tacos) --Dinner: Full Moon Café	NHI/ACE NHI/ACE NHI/ACE
Wednesday 3/11	San Martín Jilotepeque	La Pasadita	+502 4813-4700		--Breakfast -- Seño Cata catering (7am) --Wellness Clinic in (likely) Providencia (8am) --Lunch with the community (11:45am) --Water project tour in El Molino (2pm) --Burrito dinner at Full Moon Cafe (6pm)	--Breakfast: Seño Cata catering --Lunch: Community --Dinner: Full Moon Cafe	NHI/ACE NHI/ACE NHI/ACE
Thursday 3/12	Antigua	Hotel Panchoy/La Cúpula	+502 7832-1020	<a href="https://www.hotelpanchoyantigua.com">https://www.hotelpanchoyantigua.com</a>	--Breakfast -- Seño Cata catering (7am) --Tour of Obras Sociales de San Martin clinic (8:15am) --Travel to (likely) San Luisito (9:30am) --Lunch and presentation at Chapina Stoves factory --Installation of Chapina stoves (12:30pm) --Return to Antigua --Dinner at Pappy's BBQ (6pm)	--Breakfast: Seño Cata catering --Lunch: Stoves factory --Dinner: Pappy's BBQ	NHI/ACE NHI/ACE NHI/ACE
Friday 3/13	Antigua	Hotel Panchoy/La Cúpula	+502 7832-1020	<a href="https://www.hotelpanchoyantigua.com">https://www.hotelpanchoyantigua.com</a>	--Breakfast at hotel (7am) --School wellness clinic at LaVoSi (school for the deaf) (8:15am) --Lunch and cultural experience at women's co-op in Santiago Zamora (11:30am) --Free time in Antigua (2-4:30pm) --Final reflection and celebration dinner (5:30pm)	Breakfast: Hotel Lunch: Zamora co-op Dinner: Arco (Antigua)	NHI/ACE NHI/ACE NHI/ACE
Saturday 3/14	N/A	N/A	N/A	N/A	--Departure	Breakfast: Hotel	NHI/ACE