



Emergency Numbers:
 Ex. Director Jade Parker-Manderson: +502 5337 9336
 Manager of Services: Sara Castañeda: +502 3301 6555

DATES	HOTEL LOCATION	HOTEL NAME	PHONE	WEBSITE	ITINERARY	MEALS	PAID BY
Saturday 5/16	Antigua	Homestay			--Travel from airport to Antigua	--Lunch: En route from airport	NHI/ACE
Sunday 5/17	Antigua	Homestay			--Hike to Cerro de la Cruz (7:30-9am) --Breakfast at Rainbow Cafe (9am) --Introduction to Nursing Heart and overview of history and culture of Guatemala (11am-12:30pm)	--Breakfast: Rainbow Cafe --Lunch: TBD	NHI/ACE NHI/ACE
Monday 5/18	Antigua	Homestay			--Spanish Day		
Tuesday 5/19	Antigua	Homestay			--Spanish Day		
Wednesday 5/20	Antigua	Homestay			--Spanish Day		
Thursday 5/21	Antigua	Homestay					
Friday 5/22	Antigua	Homestay			--Chapina stoves presentation and installations in San Lorenzo el Cubo (9am-1pm) --Tour, experience and lunch at women's co-op in Santiago Zamora (1-3:15pm) --Travel to experience town of Pastores (TENTATIVE) (3:30-5pm)	--Lunch: Women's co-op --Dinner: TBD	NHI/ACE TBD
Saturday 5/23	Antigua	Homestay					
Sunday 5/24	Antigua	Homestay					
Monday 5/25	Antigua	Homestay			--Spanish Day		
Tuesday 5/26	Antigua	Homestay			--Spanish Day		
Wednesday 5/27	Antigua	Homestay			--Spanish Day		
Thursday 5/28	Antigua	Homestay			--Chronic diabetic and hypertensive clinic in Santa Maria de Jesus (7:30am) --Wellness clinic in San Miguel Dueñas (9am) --Lunch with the community (11am) --Tour of the national hospital in San Felipe de Jesús (1pm) --Talk with Sue Patterson of WINGS (wingsguate.org) (3:15pm) (TENTATIVE)	--Lunch: Community --Dinner: TBD	NHI/ACE TBD
Friday 5/29	Antigua	Homestay			--Spanish Day		
Saturday 5/30	Antigua	Homestay					
Sunday 5/31	Antigua	Homestay					
Monday 6/1	Antigua	Homestay			--Spanish Day		
Tuesday 6/2	Antigua	Homestay			--Spanish Day		
Wednesday 6/3	Santa Cruz La Laguna	Casa del Mundo	+502 5204-5558	http://www.lacasadelmundo.com	--Travel to Panajachel; stop in Tecpan en route (8am-1pm) --Lunch at Casa del Mundo (1pm) --Free time to unpack (2:15-3:15pm) --Talk with Dr. Craig Sinkinson (Ethnomedical systems) (5-6pm) --Dinner at Casa del Mundo (6:30pm)	--Lunch: Casa del Mundo --Dinner: Casa del Mundo	NHI/ACE NHI/ACE
Thursday 6/4	Santa Cruz La Laguna	Casa del Mundo	+502 5204-5558	http://www.lacasadelmundo.com	--Breakfast at Casa del Mundo (7:30am) --Clinic with Mayan Medical Aid and home visits in Santa Cruz La Laguna (9am-12pm) --Lunch and tour at CECAP-Amigos de Santa Cruz (12-2pm) --Optional hike back to Casa del Mundo (2-2:45pm) --Dinner at Ven Aca (6:30pm) --Optional hot tub! (8pm)	--Breakfast: Casa del Mundo --Lunch: Casa del Mundo --Dinner: Casa del Mundo	NHI/ACE NHI/ACE NHI/ACE



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Friday 6/5	Antigua	Homestay			--Breakfast at Casa del Mundo (8am) --Ceremony with Maya spiritual guide and visit to women's textile co-op in San Juan La Laguna (9-11:30am) --Lunch at Cafe San Juan (11:30am) --Return to Antigua (1-4:30pm)	--Breakfast: Casa del Mundo --Lunch: Cafe San Juan	NHI/ACE NHI/ACE
Saturday 6/6	Antigua	Homestay					
Sunday 6/7	Antigua	Homestay					
Monday 6/8	Antigua	Homestay			--Spanish Day		
Tuesday 6/9	Antigua	Homestay			--Spanish Day		
Wednesday 6/10	Antigua	Homestay			--Spanish Day		
Thursday 6/11	San Martin Jilotepeque	TBD			--Travel to San Martin Jilotepeque --School Clinic -- Special needs school in San Martin Jilotepeque (8:30am-12pm) --Lunch: Seño Cata catering (12pm) --Tour of Obras Sociales de San Martin clinic (1:30-2:30pm) --Water project tour (3-4pm) --Dinner at Full Moon Cafe and presentation by NHI Board Member Cristy Velasco (6pm)	--Lunch: Seño Cata catering --Dinner: Full Moon Cafe	NHI/ACE NHI/ACE
Friday 6/12	Antigua	Homestay			--School clinic in Sajcap (8am-12:30pm) --Lunch with the community (12:30-1:30pm) --Return to Antigua (1:30-4pm) --Final reflection and celebration dinner (6-8:30pm)	--Breakfast: TBD --Lunch: Community --Dinner: Casa Santo Domingo	NHI/ACE NHI/ACE NHI/ACE
Saturday 6/13	N/A	N/A			--Departure		