



# Lead with heart

Nursing Heart Annual Report 2018-2019

501c3 Nursing Heart Inc. - Asociación Corazon de Enfermeria



Nursing  
Heart  
Inc

Asociación  
Corazón  
de Enfermería





# Mission

*To improve the health of underserved communities in Guatemala and develop nurses to face global public health challenges by personalizing programs through trusted partnerships.*

# New director but the same mission

I was lucky enough to join the NHI family in January of this year. Ron, our Founder, stepped down from the director role in April to carry on his work finding and channeling funds to many small NGOs around the world. While he is no longer part of the day-to-day running of the organization, he is still actively involved and will even join us on some trips when he is in Guatemala.

I look forward to carrying on the mission of Nursing Heart throughout this next year and want to thank you deeply for your love and support of NHI and the people of Guatemala.



Jade Parker-Manderson BSN, RN, PostGrad Ped

Executive Director, NHI - ACE





# The Role of Nursing Heart in addressing public health obstacles in Guatemala

To address general lack of access to dignified medical care and improve the health of underserved communities in Guatemala

Nursing Heart does this by building partnerships and facilitating:

- General medicine clinics
- Women's clinics (cervical cancer is primary cancer killer of women in Guatemala)
- Wellness clinics
- Monthly diabetes and hypertension clinics
- Community empowerment programs
- Construction of meeting centres to be used as medical clinics in rural and remote Guatemala





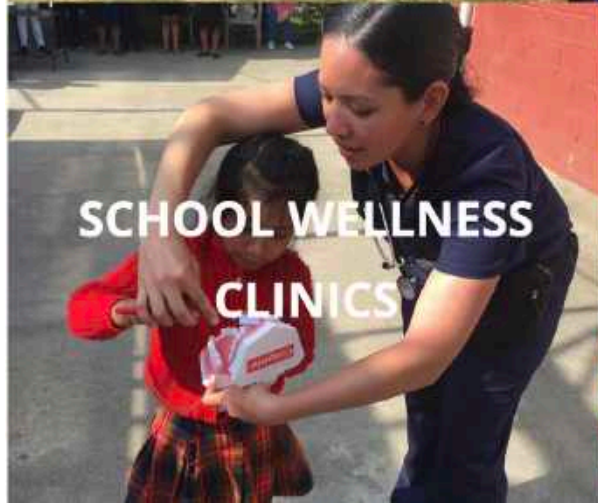
**GLOBAL HEALTH  
PARTNERSHIPS**



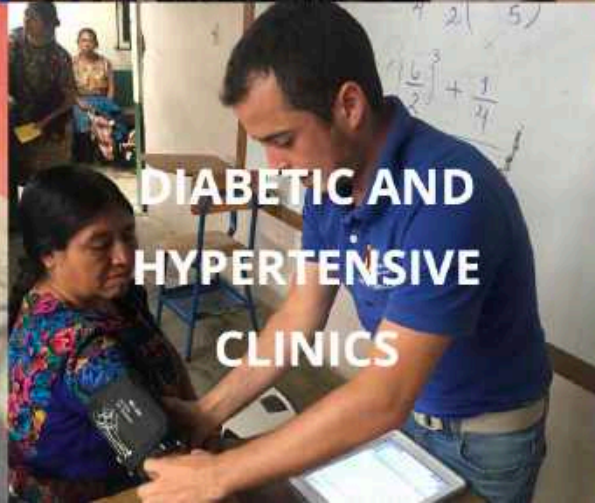
**ACUTE CARE  
CLINICS**



**WOMEN'S CLINICS**



**SCHOOL WELLNESS  
CLINICS**



**DIABETIC AND  
HYPERTENSIVE  
CLINICS**



**PUBLIC HEALTH  
AND  
CONSTRUCTION**

Our programs





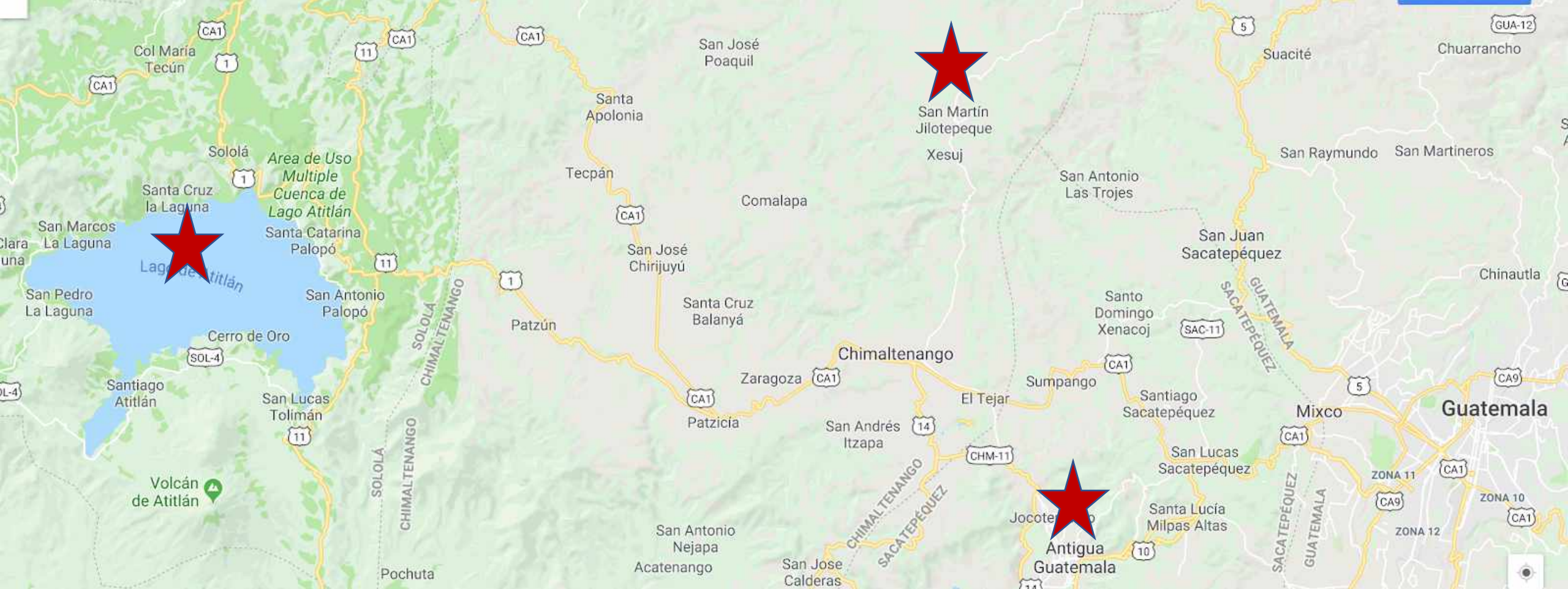
# Dual Purpose

Provide medical care and health education for underserved communities by leveraging partnerships with other NGO's, governments and international Universities

Provide a Global Health Experience for Undergraduate and Advanced Practice Nurses primarily from the USA







## Where we work



- Over 40 communities
- In 3 Departments
  - San Martín Jilotepeque
  - Sacatepequez
  - Sololá

# PROGRAM GROWTH







## It's been another successful and impact driven year in Guatemala!

NHI-ACE received **14 groups** of undergraduate nursing and nurse practitioner students from the US. We visited **26 communities** including **7 new communities** with which NHI-ACE has not worked previously. We also welcomed Clemson University for the first time on our Global Health Partnership (pilot) Program.

Overall, we assisted over **6,000 people** through our programs, held 6 general medical and women's health clinics, lasting 3 to 4 days each and gave over 2,000 medical consults and treatments including medicine, free of charge. We were able to construct one multi-use medical clinic in a local community, start a pilot program focused on community empowerment working with the leadership committee and John's Hopkins University and facilitated the installation of 69 healthy stoves, benefiting over 600 individuals.

We also provided **Global Health and Cultural Exchange programs** in partnership with 14 U.S. Universities, welcoming over 200 nurses to the program as part of our dual mission. What a year it's been!

We currently have a waiting list of communities asking for our help that we do not yet have the resources nor the university or other nursing partners to serve. Our plan has never been to grow for the sake of growth, but rather has been to support, follow-up and keep providing sustainable care and services to our partner communities.

Over the years, we have been able to **sustain this growth** with the introduction of **new university groups** and with the support of a **grant from an anonymous donor**. This year, the grant will be reduced by 50%, followed by another 50% reduction the next, **doubling our fundraising requirements**.

Our biggest challenges for this next year are related to our changing funding model and the need to find more wonderful supporters [to join our NHI family](#).





# IMPACT SNAPSHOT 2018-2019

**6,839**

Beneficiaries

**2,038**

General Medical Consults

**2,057**

School Wellness Screenings

**616**

Patients Referred and Treated

**694**

Cervical Cancer Screenings

**170**

Infections Treated

**27**

Cryotherapy Treatments







# Year in review - Impact

**3,168** medical and women's health consults

- **1,058** Albendazole doses to school age children
- **436** monthly diabetic and hypertensive medical consults
- **365** family members benefited from healthy stove installation
- **74** families in the community empowerment program

**2,057** Children received fluoride treatment





# Year in review – Impact Programs

**23** General Medical and **18** women's health clinics

- 69 stove installations
- 6 foot clinics
- 12 diabetes clinics
- 15 school health clinics

**26** communities



# IMPACT

One of the biggest ways to determine impact is client satisfaction.

Each year, through word of mouth, we receive requests for medical and school clinics from community leaders in Guatemala. Anyone familiar with Guatemala understands that though there is high demand for medical assistance, a community will not reach out for help unless they have a trusting relationship with a medical provider, even if they are in desperate need.

For this reason, it is an honour for us to receive these requests and to see the positive impact on these communities. These relationships strengthen our resolve to face the challenges of fundraising to expand our programs to help more people in need in Guatemala.





Photo: Denise Saenz

## Global Health Nursing Initiatives: Intercultural Nursing exchange

- 14 University groups
- 209 Nurses and Nursing students
- 600+ volunteer/training hours







Stories of our community partners







Maria, 58 years old from Bosarreyes, Ciudad Vieja, Sacatepéquez.

Maria was a recipient of one of the stoves from our high efficiency wood stoves program in January 2019.

After receiving the stove, Maria experienced the difference on her health and saw the environmental and economic benefits of using less wood to cook her meals. She decided to become a leader in her community to manage the local program and provide stoves to the people around her.

Maria said that NHI has helped and inspired her with great health and after this inspiration she has helped NHI to reach many other people in need.



## José Luis Ramiro, 53 years old from Pacoxpón, San Martín Jilotepeque

Don Ramiro is a community leader of Pacoxpón and is of Maya Kaqchiquel descent. He is currently a student of the Faculty of Humanities, School of Social Work, University Mariano Gálvez of Guatemala.

At 15 years of age, Ramiro Tay was orphaned by the consequences of the Civil war-internal armed conflict that was experienced in the eighties in Guatemala. Since then he has participated in the community development processes to improve the health and development of his community.

Don Ramiro is currently the leader of the health committee and has been working closely with Nursing Heart in the community empowerment pilot program. The NHI staff are supporting monthly activities to improve the health conditions of the residents of Pacoxpón to reduce the effects of poverty and improve the health and living conditions.

This initiative is being managed by Don Ramiro, the health committee of the community of Pacoxpón, Aldea Chijocón and with the support of Johns Hopkins University Faculty of Nursing.

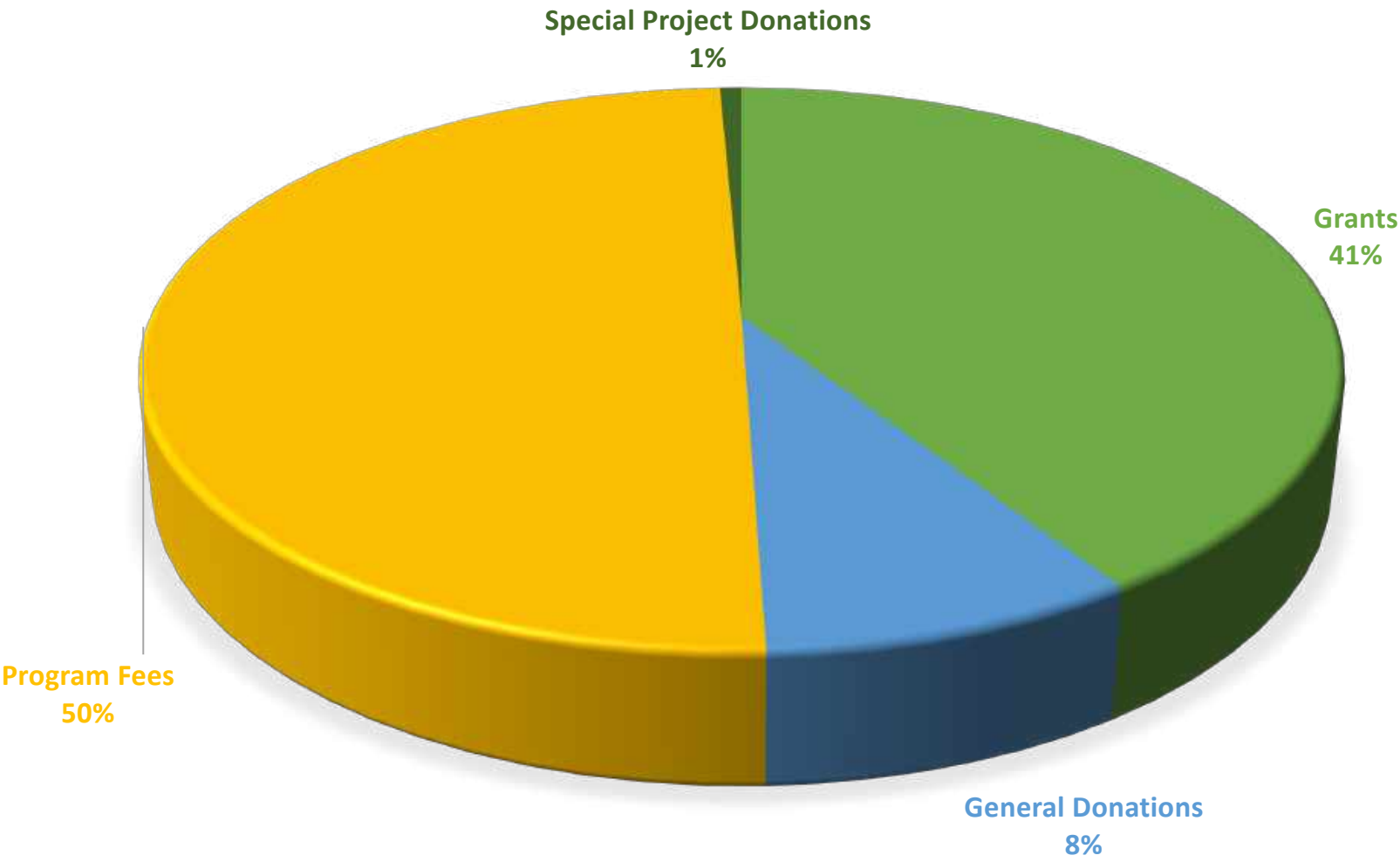




Financials



# REVENUE

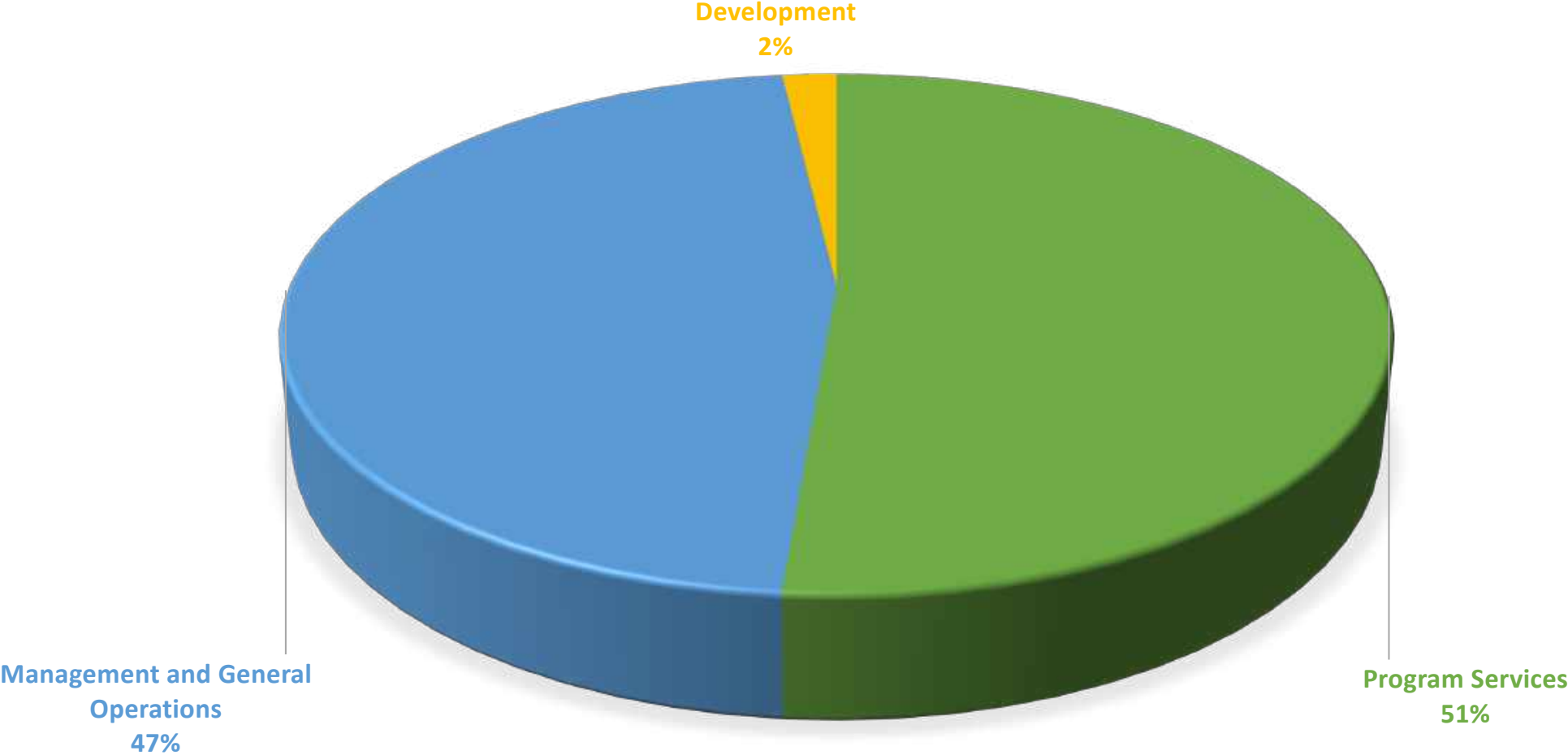


\*\$150,000 was received by NHI as a grant initiative and is being disbursed to 6 small NGO's in Guatemala on behalf of an anonymous donor. This amount is **NOT** reflected in the pie chart





EXPENSES



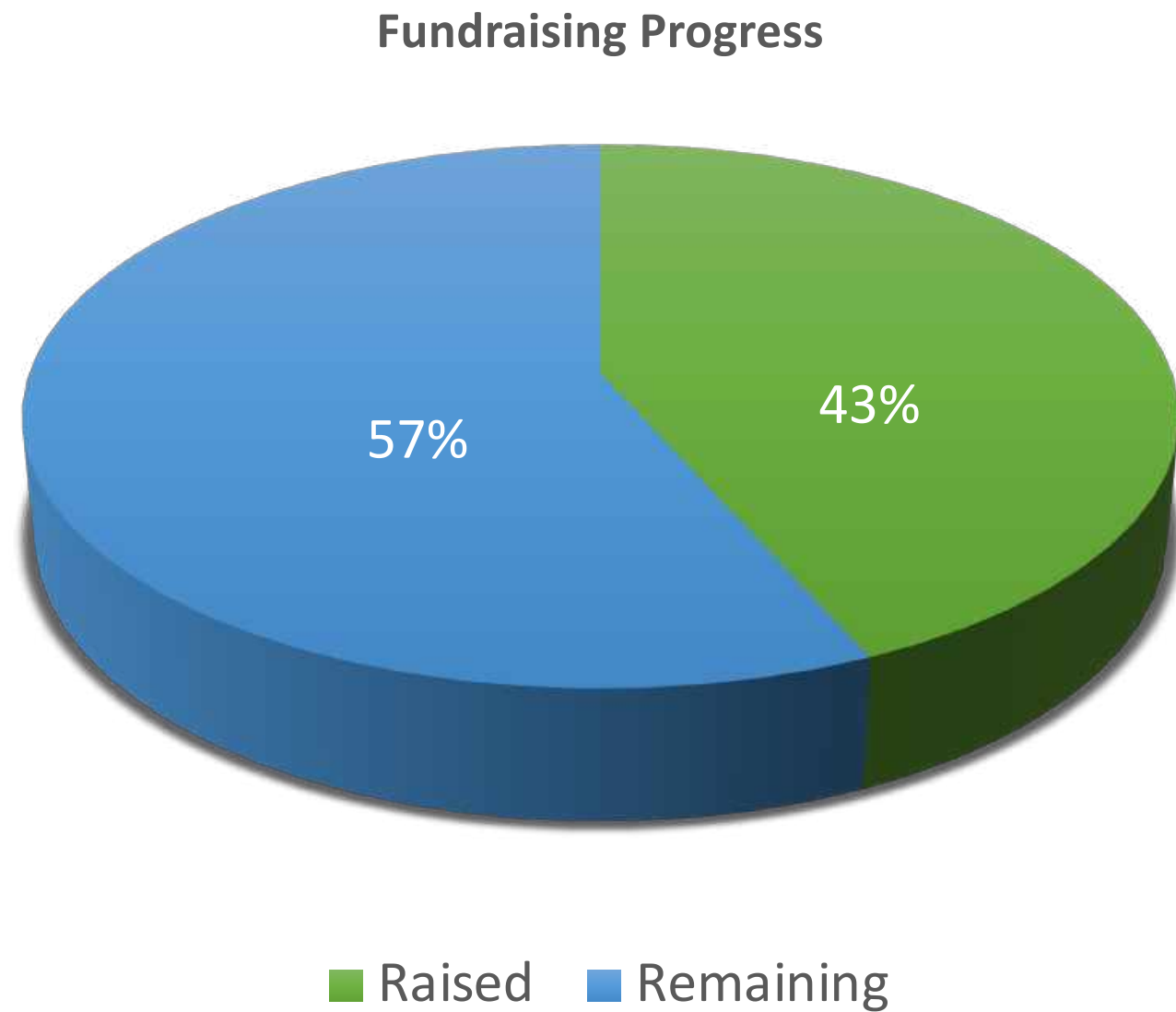
\*Management expenses are higher this period due to a 6 month transition overlap of Executive Directors. This was approved by our grant provider.



## Fundraising goal July 2019 – June 2020

Goal  
\$150,000

Current Raised to *March 2020*  
\$65,000 – 43%







It's a team effort







Thank you to  
our partners

people  
for Guatemala



25  
YEARS  
BY FAITH





# Thank you to the support of our Board of Directors

Amanda Choflet – President

Ann Regenscheid - Treasurer

Sue Milne - Director

Christy Valasquez – Director

Sue Wheeler – Development Consultant







# Thank you to our Donors

Anonymous Donor  
Mike and Nancy McCarthy  
Greg Haskins  
Neal Carson Foundation  
Gregg and Kim Gould  
Sue Wheeler  
Chuck and Pat Ernst  
Deb Armstrong  
John Fetting  
Select Rehabilitation  
Not Specified (various)  
Moe and Sue Milne (directed)  
Heather Ashby  
Gonzalo and Vivien Arcila  
Stephanie Little  
Group from JHU 2019  
Andrea Francis  
Ross Noecker and Emily Summers  
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Michelle Quinn  
Nancy Harris  
Patricia Liehr  
Richard Ess  
Rita Gardner  
Samantha Smith  
Sharon Faircloth  
Suzanne Arnold  
USD Nursing -- Sioux Falls  
Walker-Royes Family  
Amanda Choflet  
Susanne Smithson  
Deborah Scanlon  
Hannah Oswald  
Jody Collins-Skinner  
John Diehl  
Kyle Pratt  
Lisa Merritt  
Madalyn and Anthony Baumstark  
Natalie Murphy  
Ray Baldelli  
Robert and Mary Murphy





# Thank you to our team

Cesar Santos – Clinical Director

Sara Castañeda – Manager of Services

Javier Orellana – Supplies & Stove Coordinator

Jade Parker-Manderson – Executive Director

Blanqui Lopez – Pharmacy & Education Coordinator

Ross Noecker – US Administration assistant (Not pictured)







# Get involved

[SPONSOR](#): A clinic, a program or [purchase a stove](#) for a family

[LIKE & SHARE](#):   @nursingheartinc

[BE OUR SPOKESPERSON](#): Spread the word and work of nursing heart, encourage other people to follow the work we do

[DONATE](#): A one off or monthly donation can support our programs and benefit people of Guatemala

[VOLUNTEER OR VISIT](#): If you are in Guatemala come visit us or reach out for information on how to volunteer



# CONTACT US



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